10 SIGNS AND SYMPTOMS OF STROKE

A SUDDEN ONSET of the following may indicate stroke*
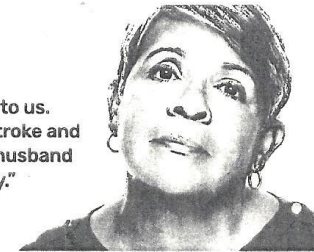
"I never thought this would happen to us. But I'm glad I recognized the signs of stroke and acted immediately. It helped save my husband and prevent long-term disability."

		SYMPTOMS A LOVED ONE MAY EXPERIENCE	SIGNS YOU MAY NOTICE
1.	CONFUSION	Unable to understand what is happening, can't think clearly or feel thrown off	A puzzled look, a hard time focusing, trouble making decisions
2.	DIFFICULTY UNDERSTANDING	Unable to comprehend speech or language	Raised or wrinkled eyebrows, shaking their head "no" Unsteady or woozy
3.	DIZZINESS	Feeling faint, lightheaded, or like the room is spinning	Unsteady movements (like they have motion sickness), like they are drunk (without having any alcohol)
4.	LOSS OF BALANCE	Unstable with less coordination	Wobbling around, grabbing onto a stationary object
5.	NUMBNESS	A tingling feeling in the body (i.e., face, arm or leg), like pins and needles	Constant touching, massaging, or shaking of the numb areas

		SYMPTOMS A LOVED ONE MAY EXPERIENCE	SIGNS YOU MAY NOTICE
6.	SEVERE HEADACHE	Pain or discomfort in the head, scalp or neck with no known cause	Touching their head, rubbing their temples, sensitivity to light
7.	TROUBLE SPEAKING	Unable to speak or slurred speech	Sentences that can't be understood, difficulty having a conversation
8.	TROUBLE WALKING	Stumbling or unable to walk straight	Tripping over nothing
9.	VISION CHANGES	Blurred vision or trouble with eyesight in one or both eyes	Squinting or rubbing their eyes, not able to read
10.	WEAKNESS	Lack of strength in the face, arm, or leg—especially on one side of the body	Wanting to sit or lay down, difficulty doing simple tasks

*Note that these symptoms or a combination of them are not unique to stroke, but if they are sudden and out of the ordinary, they may indicate a sign of stroke and require immediate attention.

SEE THE 10 SIGNS OF STROKE COME TO LIFE AND DOWNLOAD THIS LIST AT

overreact2stroke.com

If you suspect STROKE CALL 911 immediately — if you suspect STROKE CALL 911 immediately